

# Saturday League Rules

## Redwood City Señors Softball Club

Redwood City Señors Softball Club has special rules designed for its membership's safety and to maintain balanced competition. ASA/NCSSA rules of play apply in situations not expressly covered by these guidelines.

### **1- League Structure:**

- a. The League will consist of Group "A" – 50+ teams and Group "B" – 70+ teams.
- b. Group "A" teams will play with no more than 10 players on defense. Group "B" may play up to 11 players on defense.

### **2- Game Structure:**

- a. **Double Headers:** Each Saturday three double headers will be played. Starting at 9:00 AM; 11:30 AM and 2:00 PM. At the completion of the first game, the second game will immediately start. The teams will switch Home and Away and batting order will continue where it left off in the first game.
- b. **Game Length:** The first game will be seven innings. The second game must complete before the scheduled start time of the next double header. Appropriately twenty minutes before the start of the next double header, the managers and league commissioner will meet and determine if it is necessary to shorten the ongoing game and how.
- c. **Extra Innings:** No extra innings will be played; the game will end even if a tie.
- d. **Ball/Strikes:** Each batter will have four balls and three strikes. A batter with two strikes is out if they hit a foul ball.
- e. **Two at Bats:** The visiting team shall bat two innings before switching to defense, and then the home team will bat two innings. Base runners will be cleared between innings. Teams will continue to alternate batting two innings at a time, until the seventh or open inning. Based on game time remaining, the managers and commissioner will determine when to switch to the last and open inning.
- f. **Five Run Rule:** There is a maximum of five runs that can be scored per inning except the last (open) inning.
- g. **Open Inning:** In the last inning of the game a team may score unlimited runs.
- h. **Flip/Flopping Home and Visiting Teams:** In the first game of the doubleheader, if the visiting team is leading by 7 or more runs going into the open inning, the visiting team shall remain on the field to defend their lead. The visiting team will have the opportunity to bat in the bottom of the open inning, if necessary. In the second game of the doubleheader, the team with the least runs going in to open inning will bat first and if needed the other team will bat second.

# Saturday League Rules

## Redwood City Señors Softball Club

### **3- Players:**

- a. **Code of Conduct:** All members are expected to conduct themselves in a respectful manner and adhere to the Club's "Code of Conduct".
- b. **Number of Players:** Teams may play up to ten players on defense. Group "B" teams may play up to eleven players on defense.
- c. **Lineup:** Picked-up players must bat after all regular team players. Late arriving players will be inserted into the batting order as the last batter.
- d. **Pick-up Player Selection:** When a team is short of players, they can add as many players as needed to reach ten/eleven players. Managers needing players will make a blind draw in priority order as shown below:
  1. Players not assigned a team
  2. Players whose team has a bye
  3. Pick-up players should be selected to create an equal number of players on each team.
  4. If both teams pick-up players then they must have the same number of defensive players. The only time a team can play with an additional defensive player is when the team has a full team without picking-up players and players are not available for the other team. For example teams can play 11 players against 10 players. If a team has two more players than the other team, then one player should be loaned to the other team.
  5. Due to any player injury during a game, the managers should adjust the teams to balance the number of players on each team.

### **4. Equipment**

- a. **Balls:** Men use 12 inch balls. When women are at bat, they may elect to use an 11 inch ball.
- b. **Bats:** Male players 50 to 64 of age must use ASA approved bat. Females and male players 65+ may use Senior Softball USA approved bats.
- c. **Pitching Screen:** A pitcher may choose to pitch from behind a pitching screen. If a batted ball contacts any part of the screen, then it will be a dead-ball-no-pitch; the batter will return to the batter box with the same count before the pitch. If a thrown ball contacts any part of the screen, it will be a live ball.
- d. **Metal cleats:** Metal cleats are not allowed

### **5. Substitute Runners**

- a. **Unlimited:** An unlimited number of substitute runners are allowed per game.
- b. **Once per Inning:** A player may only be a substitute runner once per inning.
- c. **Timing:** Players may request a substitute runner from any base during any dead ball situation.

# Saturday League Rules

## Redwood City Señors Softball Club

- d. **Batter:** A batter can request a substitute runner. The substitute runner will start from a position located behind an imaginary extension of the third base line. The substitute runner can start running upon the batter making contact with the ball. The runner can only advance to first base on the batted ball.
- e. **Requests Only:** A substitute runner may be used only for those players requesting a runner.
- f. **Replacement:** A substitute runner can't be replaced, except upon an injury to the initial substitute runner.
- g. **On Base when at Bat:** If a substitute runner is on base when their turn at bat comes up, an out is called, the runner stays on base and the next batter hits. This rule is waived for teams with nine or less players or by agreement of the managers.

### 6. Base Running

- a. **Collisions:** Runners must avoid collisions or be at risk of being called out. On close plays at a base, runners must avoid the fielder, and instead cross a line that extends from the leading edge of the base. To be called safe, the runner's foot must be down on the line or base or across it with a foot down, before the ball is caught by a fielder touching the base.
  - **Second Base:** When running to second base and the ball is being thrown from right or center field, the base runner should run to the line on the third base side of second base. If the throw is coming from left field, the runner should run to the right field side of second base.
  - **Third Base:** When running to third base and the ball is being thrown from left field or center field, the base runner should run to the line on the home plate side of third base. If it's coming from right field, first or second base the runner should run to the left field side of third base.
- b. **Overrunning Bases:** Runners may overrun any base. If they overrun a base and then want to advance, they must re-touch the base before advancing. Exception: After overrunning first base, runners may advance without retreating to the base. If a runner in the process of overrunning a base makes a noticeable attempt to the next base, they are in jeopardy of being tagged out.
- c. **Sliding:** Sliding is permitted but not required. Runners can run through a base but must avoid collisions.
- d. **Home Plate:** If a base runner touches home plate or the strike mat, they will be called out. Instead, the base runner must cross the scoring line. To be safe at home plate the runner must contact the ground on or behind the line before the ball is caught by the fielder in contact with home plate or the strike mat. A runner must avoid running through the batter's box.

# Saturday League Rules

## Redwood City Señors Softball Club

- e. **Commit Line/Point-of-No-Return:** There is a commit line on the third base line twenty feet from home plate. Runners touching or passing the commit line must continue toward home plate and cannot retreat back to third base. Fielders cannot tag a runner who has crossed the commit line. The fielder must touch home plate or the mat, with ball in hand, before the runner contacts the ground on or behind the line. A base runner re-crossing the commit line is immediately out.
- f. **Runner Safety:** A base runner, on first or third base, may move into foul territory to avoid being hit by a batted ball. The following guidelines apply to this situation:
  - The base runner should announce to the catcher/umpire their intention to be off the base prior to leaving the base.
  - The base runner must be at rest immediately adjacent to the base they occupied and the base coach must not be in between the runner and the base.
  - The base runner must “retouch” the occupied base after the batter contacts the ball and prior to advancing to the next base.
  - A base runner that has not yet “retouched” the base is in jeopardy of being tagged out.

### **7. Defense**

- a. **Force Plays:** All plays on runners advancing to any of the four bases shall be treated as a “Force Play”. The defensive player’s foot must be in contact with the base, plate or strike mat. The base runner’s foot must either touch the base or the ground beyond the forward edge of the base prior to or at the same time as the defensive player catching the ball to be considered safe on a force play.
- b. **Non-Force Plays / Tagging Situations:** In non-force out situations, the fielder should not tag the runner unless there is no other option; instead the defensive player must:
  1. Have control of the ball
  2. Be in contact with the base
  3. “Sweep Tag”- the defensive player must break the plane of the front edge of the base.

Note: A runner between bases can be tagged out except when they have passed the commit line, and then the ball must be controlled while a defensive player touches home plate or the strike mat.

- c. **Returning to a Base:** Returning to a base is not a force situation. The runner must be tagged out prior to returning to the base.
- d. **Strike Zone:** A strike mat will be used to determine balls and strikes. A legally pitched ball that contacts top surface of home plate or the strike mat on the fly will be a strike.

# Saturday League Rules

Redwood City Señors Softball Club

## **8. Special Ground Rules Hawes Park:**

- a. A ball hit over the right or left outfield fence is three outs and will carry over to the next inning.
- b. Anytime the ball goes inside the short fence in center field a ground-rule-double will be called.

## **9. Officiating Guidelines:**

- a. In the event no umpire is present, the teams will be responsible for officiating the game using the following guidelines:
  - a. **Catcher** will call balls or strikes, and foul or fair.
  - b. **First Base Coach** will call out or safe at first and home.
  - c. **Third Base Coach** will call out or safe at second and third, and illegal pitches.
  - d. **A Managers/Commissioner Conference** will be held to settle all other disputes.
  - e. **In the event** of a dispute over the application or interpretation of a rule, if the team managers cannot agree, then the league commissioner(s) in attendance shall make the final decision."

## **10. Amendments to Rules:**

- a. New rules or changes to existing rules must be submitted to the Saturday League Commissioner(s) and require approval of the Redwood City Señors Softball Club Board of Directors. The changes shall be effective immediately on their adoption.
- b. These rules can be changed for a single game if both Managers and the Umpire agree. For example in a game with a strong wind, it can be agreed that no walks will be issued.

### **Revision History**

<b>Date</b>	<b>Revision</b>	<b>Description</b>	<b>Adopted by</b>
11/14/2014	A	Initial Release	Redwood City Señors Softball Club Board of Directors
11/12/2015	B	2015 Update	Redwood City Señors Softball Club Board of Directors